



BELLFLOWER MIDDLE/HIGH SCHOOL BUCCANEER NEWSFLASH!



Daily Bulletin for: **01/25/24**

SHORTENED DAY (MONDAYS)

| | |
|-----------------|----------------------|
| Period 1 / 2 | 10:00 - 11:09 |
| Snack | 11:09 - 11:18 |
| Period 3 / 4 | 11:24 - 12:35 |
| MS Lunch | 12:35 - 1:06 |
| HS Period 5 / 6 | 12:41 - 1:50 |
| MS Period 5 / 6 | 1:12 - 2:21 |
| HS Lunch | 1:50 - 2:21 |
| Period 7 / 8 | 2:27 - 3:36 |

Because Unity Creates Success

Visit the BHS Website:
www.bellflowerhigh.org

REGULAR DAY

MAROON (1,3,5,7) / GOLD (2,4,6,8)

| | |
|-----------------|----------------------|
| Period 1 / 2 | 8:30 - 10:02 |
| Snack | 10:02 - 10:11 |
| Period 3 / 4 | 10:17 - 11:49 |
| MS Lunch | 11:49 - 12:20 |
| HS Period 5 / 6 | 11:55 - 1:27 |
| MS Period 5 / 6 | 12:26 - 1:58 |
| HS Lunch | 1:27 - 1:58 |
| Period 7 / 8 | 2:04 - 3:36 |



ACTIVITIES & ATHLETICS



01/25 - 3:00pm - Frsh/Sph Boys Soccer vs. Firebaugh HS
01/25 - 3:00pm - JV Boys Soccer vs. Firebaugh HS
01/25 - 3:00pm - JV Girls Soccer vs. Firebaugh HS @ home
01/25 - 4:45pm - Varsity Girls Soccer vs. Firebaugh HS @ home
01/25 - 4:45pm - Varsity Boys Soccer vs. Firebaugh



CALENDAR

JANUARY 2024

| S | M | T | W | Th | F | S |
|----|----|----|----|----|----|----|
| | 1 | 2 | 3 | 4 | 5 | 6 |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| 28 | 29 | 30 | 31 | | | |
| | | | | | | |

Lunch Menu: Chicken Drumstick w/ dinner roll, loaded mashed potatoes
Or Grilled Cheese Sandwich w/ celery , ranch dip, pineapple spears
Vegetarian Option: Chicken-less Nuggets

Breakfast for 1/26: Waffle w/ Banana & Syrup Pkt or Cereal Bar (variety)

NEW ANNOUNCEMENTS:

Are you a leader? Do you have school spirit? Are you creative? Do you want to be the change agents for your school?..... Then ASB is for you! The ASB Applications are out now in the ASB OFFICE! **There is so many great and fun positions that YOU can run for this next upcoming school year.** Please make sure to grab either the Middle school or High School application based on what grade you will be in for the 2024-2025 school year. **The application is due in Room 411 for High school and Room 201 for Middle School by February 23, 2024!** But don't delay and go pick up your application today! Good luck BUCS!

Today, LA CADA will be outside during lunch in front of ASB with activities and snacks to celebrate, "**Being Kind to you Mind.**" Come join us for the fun.

Attention middle school students. Those who are interested in middle school track, practices are Monday through Thursday from 330-5pm at the track. Please see Coach Durk or Coach Miller.

Attention 7th Graders: Link Crew tutoring is resuming today Thursday during 7th period in room 707. Join us every Monday & Thursday during 7th or 8th period in room 707! All 7th graders welcome.

In honor of Kindness Week, **stop by the "Be Kind to Your Mind" table today during middle and high school lunch.**

Attention Seniors! Grad Week sales began Monday, January 22nd and many tickets have already been sold! **Disneyland's Grad Nite single event tickets and all package sales will conclude and need to be paid in full by March 1, 2024.** Remember, there are a limited amount of tickets for Disneyland's Grad Nite, so don't wait! Buy yours in the ASB Office today! If you have any questions, please see Mrs. Hovis in Room 411.

Don't have sport for the spring semester? Tennis Tryouts are this week and next week at the tennis courts during 7th and 8th Period! If you have any questions Dm us on instagram @bellflowertennis or stop by room 912 to talk to Mr. Ordinario.

Explore Vocational Paths with Trade and Career College Representatives at BHS! -The following Trade and Career College representatives will be at Bellflower High to provide valuable insights into their admission requirements, available programs, and much more.

-California Electrical Training on Wednesday, February 14

-Universal Technical Institute on Wednesday, February 21 *This representative visit is exclusively available to seniors.

-National Polytechnic Institute on Thursday, February 22.

Visit the College and Career Center to sign up for these informational sessions and gain valuable knowledge about the diverse career possibilities through vocational training. (read until 2/14/24)

Hey seniors, do you need help completing the FAFSA or CADAA? The College & Career Center is hosting FAFSA & CADAA Workshops on Thursdays during Period 7 and 8. The first workshop is January 25th.

Parents/Guardians are welcome to attend the FAFSA/CADAA Workshop. You must register to attend the Thursday FAFSA/CADAA Workshops. The registration link can be found in the Class of 2024 Google Classroom.

NOTE - Seniors and their parents can also schedule a one-on-one FAFSA/CADAA assistance meeting with Ms. Campos, College & Career Counselor, after school on Mondays and Wednesdays from 3:45-4:30pm. See Ms. Campos to schedule a meeting. (read until 1/25/24)

Attention 7th-10th graders. Do you want to go to college? Join AVID!!!

AVID is a college and career readiness program that helps students build leadership skills, take rigorous classes, and prepare for college and careers after graduating High School. If you are interested in joining the AVID program **applications are open now and close on Wednesday, January 31st.** Go to the college and career center during 7th or 8th period or contact Mr. Rooks for more information. (read until 1/30/24)

Attention Seniors, the College and Career Center is hosting a FAFSA/CADAA Workshop on Wednesday, January 31st from 5:00 to 7:00pm in room 401. This is a great opportunity for seniors and their families to get help completing the new version of the FAFSA and CA Dream Act Application (CADAA). A Cerritos College Financial Aid representative will be present to help students with their FAFSA or CADAA. NOTE - The 2024-2025 FAFSA/CADAA is NOW Open, and the priority deadline to submit the application is April 2nd.

Stop by the College & Career Center in 401 to find out what information is needed to complete the FAFSA/CADAA. (read until 1/31/24)

(Do NOT Read – every other day only)

As we kick off second semester, this is a friendly reminder **to always show Positivity, Respect, Integrity, Dedication, and our focus for this month, EXCELLENCE.**

Excellence is being the best you can be at something. It's about doing your absolute best and putting in effort to achieve your goals. It is time for all of us to live our excellence here at Bellflower Middle and High School. Let's do this 2024.

In addition, **this semester we expect to see all students on time to all classes. Please take PRIDE in yourself and be on time daily.** (read 1/17, 1/19, 1/22, 1/24, 1/26, 1/29, 1/31 only)

(Do NOT Read – Fridays only)

Hey Bucs! Every Friday, the Cerritos College representative, Ms. Castillo, will be on campus in the College and Career Center, located in Room 401, from 12:30 PM to 3:45 PM. Feel free to drop by if you need assistance. (read until 5/10)

Do NOT Read – Tuesdays & Fridays only)

Buc Bargains Thrift Store in Room 901 is open today during High School lunch. (read until end of school year).

STAFF ANNOUNCEMENTS: