



BELLFLOWER MIDDLE/HIGH SCHOOL BUCCANEER NEWSFLASH!



Daily Bulletin for: **01/24/24**

SHORTENED DAY (MONDAYS)

Period 1 / 2	10:00 - 11:09
Snack	11:09 - 11:18
Period 3 / 4	11:24 - 12:35
MS Lunch	12:35 - 1:06
HS Period 5 / 6	12:41 - 1:50
MS Period 5 / 6	1:12 - 2:21
HS Lunch	1:50 - 2:21
Period 7 / 8	2:27 - 3:36

Because Unity Creates Success

Visit the BHS Website:
www.bellflowerhigh.org

REGULAR DAY

MAROON (1,3,5,7) / GOLD (2,4,6,8)

Period 1 / 2	8:30 - 10:02
Snack	10:02 - 10:11
Period 3 / 4	10:17 - 11:49
MS Lunch	11:49 - 12:20
HS Period 5 / 6	11:55 - 1:27
MS Period 5 / 6	12:26 - 1:58
HS Lunch	1:27 - 1:58
Period 7 / 8	2:04 - 3:36



ACTIVITIES & ATHLETICS



01/24 - 3:15pm - Frsh/Sph Boys Basketball vs Norwalk @Norwalk Sports Complex
01/24 - 3:15pm - JV Boys Basketball vs. Norwalk HS @ home
01/24 - 5:00pm - Varsity Girls Basketball vs. Norwalk HS @ home
01/24 - 7:00pm - Varsity Boys Basketball vs. Norwalk @ home



CALENDAR

JANUARY 2024

S	M	T	W	Th	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

Lunch Menu: BYO Cheesy Beef Nachos w/ pinto beans & salsa
Or Cheese & Deep Dish Pepperoni Pizza w/ romaine salad, BUSD ranch dip
Vegetarian Option: BYO Bean Nachos

Breakfast for 1/25: Chocolate Donut or Pancake on Stick w/ syrup (served warm)

NEW ANNOUNCEMENTS:

Attention 7th Graders: Link Crew tutoring is resuming tomorrow Thursday during 7th period in room 707. Join us every Monday & Thursday during 7th or 8th period in room 707! *All 7th graders welcome.*

MIDDLE SCHOOL!! Join the Coding Club TODAY at lunch in Room 914. We will learn the basics of coding while using our creativity!

In honor of Kindness Week join the Wellness Interns today during Middle & High School lunch in front of ASB for a "Be Kind to Your Selfie" photo booth and note writing.

Don't have sport for the spring semester? Tennis Tryouts are this week and next week at the tennis courts during 7th and 8th Period! If you have any questions Dm us on instagram @bellflowertennis or stop by room 912 to talk to Mr. Ordinario.

Are you a leader? Do you have school spirit? Are you creative? Do you want to be the change agents for your school?... Then ASB is for you! The ASB Applications are out now in the ASB OFFICE! **There are so many great and fun positions that YOU can run for this next upcoming school year.** This application is for current students who will be in grades 9-12 for the 2024-2025 school year. The application is due in Room 411 by February 23, 2024! But don't delay and go pick up your application today! Good luck BUCS! (read Wed & Thurs until 2/22/24)

Explore Vocational Paths with Trade and Career College Representatives at BHS! -The following Trade and Career College representatives will be at Bellflower High to provide valuable insights into their admission requirements, available programs, and much more.

-California Electrical Training on Wednesday, February 14

-Universal Technical Institute on Wednesday, February 21 *This representative visit is exclusively available to seniors.

-National Polytechnic Institute on Thursday, February 22.

Visit the College and Career Center to sign up for these informational sessions and gain valuable knowledge about the diverse career possibilities through vocational training. (read until 2/14/24)

Hey seniors, do you need help completing the FAFSA or CADAA? The College & Career Center is hosting FAFSA & CADAA Workshops on Thursdays during Period 7 and 8. The first workshop is January 25th.

Parents/Guardians are welcome to attend the FAFSA/CADAA Workshop. You must register to attend the Thursday FAFSA/CADAA Workshops. The registration link can be found in the Class of 2024 Google Classroom.

NOTE - Seniors and their parents can also schedule a one-on-one FAFSA/CADAA assistance meeting with Ms. Campos, College & Career Counselor, after school on Mondays and Wednesdays from 3:45-4:30pm. See Ms. Campos to schedule a meeting. (read until 1/25/24)

Attention 7th-10th graders. Do you want to go to college? Join AVID!!!

AVID is a college and career readiness program that helps students build leadership skills, take rigorous classes, and prepare for college and careers after graduating High School. If you are interested in joining the AVID program **applications are open now and close on Wednesday, January 31st.** Go to the college and career center during 7th or 8th period or contact Mr. Rooks for more information. (read until 1/30/24)

Attention Seniors, the College and Career Center is hosting a FAFSA/CADAA Workshop on Wednesday, January 31st from 5:00 to 7:00pm in room 401. This is a great opportunity for seniors and their families to get help completing the new version of the FAFSA and CA Dream Act Application (CADAA). A Cerritos College Financial Aid representative will be present to help students with their FAFSA or CADAA. NOTE - The 2024-2025 FAFSA/CADAA is NOW Open, and the priority deadline to submit the application is April 2nd.

Stop by the College & Career Center in 401 to find out what information is needed to complete the FAFSA/CADAA. (read until 1/31/24)

(Please Read Today – every other day only)

As we kick off second semester, this is a friendly reminder **to always show Positivity, Respect, Integrity, Dedication, and our focus for this month, EXCELLENCE.**

Excellence is being the best you can be at something. It's about doing your absolute best and putting in effort to achieve your goals. It is time for all of us to live our excellence here at Bellflower Middle and High School. Let's do this 2024.

In addition, **this semester we expect to see all students on time to all classes. Please take PRIDE in yourself and be on time daily.** (read 1/17, 1/19, 1/22, 1/24, 1/26, 1/29, 1/31 only)

(Do NOT Read – Fridays only)

Hey Bucs! Every Friday, the Cerritos College representative, Ms. Castillo, will be on campus in the College and Career Center, located in Room 401, from 12:30 PM to 3:45 PM. Feel free to drop by if you need assistance. (read until 5/10)

Do NOT Read – Tuesdays & Fridays only)

Buc Bargains Thrift Store in Room 901 is open today during High School lunch. (read until end of school year).

STAFF ANNOUNCEMENTS: