



BELLFLOWER MIDDLE/HIGH SCHOOL BUCCANEER NEWSFLASH!



Daily Bulletin for: **01/23/24**

SHORTENED DAY (MONDAYS)

| | |
|-----------------|---------------|
| Period 1 / 2 | 10:00 - 11:09 |
| Snack | 11:09 - 11:18 |
| Period 3 / 4 | 11:24 - 12:35 |
| MS Lunch | 12:35 - 1:06 |
| HS Period 5 / 6 | 12:41 - 1:50 |
| MS Period 5 / 6 | 1:12 - 2:21 |
| HS Lunch | 1:50 - 2:21 |
| Period 7 / 8 | 2:27 - 3:36 |

Because Unity Creates Success

Visit the BHS Website:
www.bellflowerhigh.org

Minimum Day Today

REGULAR DAY

MAROON (1,3,5,7) / GOLD (2,4,6,8)

| | |
|-----------------|---------------|
| Period 1 / 2 | 8:30 - 10:02 |
| Snack | 10:02 - 10:11 |
| Period 3 / 4 | 10:17 - 11:49 |
| MS Lunch | 11:49 - 12:20 |
| HS Period 5 / 6 | 11:55 - 1:27 |
| MS Period 5 / 6 | 12:26 - 1:58 |
| HS Lunch | 1:27 - 1:58 |
| Period 7 / 8 | 2:04 - 3:36 |



ACTIVITIES & ATHLETICS



01/23 - 3:00pm - Frsh/Sph Boys Soccer vs. Norwalk HS@ home
01/23 - 3:00pm - JV Boys Soccer vs. Norwalk HS @ home
01/23 - 3:00pm - JV Girls Soccer vs. Norwalk
01/23 - 4:45pm - Varsity Boys Soccer vs. Norwalk HS @ home
01/23 - 4:45pm - Varsity Girls Soccer vs. Norwalk HS
01/23 - 5:00pm - JV Boys Wrestling vs. Dominguez HS
01/23 - 5:45pm - Varsity Girls Wrestling vs. Dominguez HS
01/23 - 6:30pm - Varsity Boys Wrestling vs. Dominguez HS



01/23 - 6:00pm - Navigation Night



CALENDAR

JANUARY 2024

| S | M | T | W | Th | F | S |
|----|----|----|----|----|----|----|
| | 1 | 2 | 3 | 4 | 5 | 6 |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| 28 | 29 | 30 | 31 | | | |
| | | | | | | |

Lunch Menu: Sack Lunch

Breakfast for 1/24: Yogurt Bowl or Honey Wheat Breakfast Bar

NEW ANNOUNCEMENTS:

Bellflower HS Athlete of the Week is from Wrestling ... Ammar Khalil.

Ammar is undefeated in Mid Cities matches at 11-0 and all being pins. *Congrats Ammar !!*

MIDDLE SCHOOL!! Join the Coding Club Wednesday at lunch in Room 914. We will learn the basics of coding while using our creativity!

Tomorrow is College Awareness Wednesday! Don't forget to wear your favorite college attire and show your support. Remember that school dress code should still be followed.

Don't have sport for the spring semester? Tennis Tryouts are this week and next week at the tennis courts during 7th and 8th Period! If you have any questions Dm us on instagram @bellflowertennis or stop by room 912 to talk to Mr. Ordinario.

Explore Vocational Paths with Trade and Career College Representatives at BHS! -The following Trade and Career College representatives will be at Bellflower High to provide valuable insights into their admission

requirements, available programs, and much more.

-California Electrical Training on Wednesday, February 14

-Universal Technical Institute on Wednesday, February 21 *This representative visit is exclusively available to seniors.

-National Polytechnic Institute on Thursday, February 22.

Visit the College and Career Center to sign up for these informational sessions and gain valuable knowledge about the diverse career possibilities through vocational training. (read until 2/14/24)

Hey seniors, do you need help completing the FAFSA or CADAA? The College & Career Center is hosting FAFSA & CADAA Workshops on Thursdays during Period 7 and 8. The first workshop is January 25th.

Parents/Guardians are welcome to attend the FAFSA/CADAA Workshop. You must register to attend the Thursday FAFSA/CADAA Workshops. The registration link can be found in the Class of 2024 Google Classroom.

NOTE - Seniors and their parents can also schedule a one-on-one FAFSA/CADAA assistance meeting with Ms. Campos, College & Career Counselor, after school on Mondays and Wednesdays from 3:45-4:30pm. See Ms. Campos to schedule a meeting. (read until 1/25/24)

Attention 7th-10th graders. Do you want to go to college? Join AVID!!!

AVID is a college and career readiness program that helps students build leadership skills, take rigorous classes, and prepare for college and careers after graduating High School. If you are interested in joining the AVID program **applications are open now and close on Wednesday, January 31st.** Go to the college and career center during 7th or 8th period or contact Mr. Rooks for more information. (read until 1/30/24)

Attention Seniors, the College and Career Center is hosting a FAFSA/CADAA Workshop on Wednesday, January 31st from 5:00 to 7:00pm in room 401. This is a great opportunity for seniors and their families to get help completing the new version of the FAFSA and CA Dream Act Application (CADAA). A Cerritos College Financial Aid representative will be present to help students with their FAFSA or CADAA. NOTE - The 2024-2025 FAFSA/CADAA is NOW Open, and the priority deadline to submit the application is April 2nd.

Stop by the College & Career Center in 401 to find out what information is needed to complete the FAFSA/CADAA. (read until 1/31/24)

Please Read Today – Tuesdays & Fridays only)

Buc Bargains Thrift Store in Room 901 is open today during High School lunch. (read until end of school year).

(Do NOT Read – every other day only)

As we kick off second semester, this is a friendly reminder **to always show Positivity, Respect, Integrity, Dedication, and our focus for this month, EXCELLENCE.**

Excellence is being the best you can be at something. It's about doing your absolute best and putting in effort to achieve your goals. It is time for all of us to live our excellence here at Bellflower Middle and High School. Let's do this 2024.

In addition, **this semester we expect to see all students on time to all classes. Please take PRIDE in yourself and be on time daily.** (read 1/17, 1/19, 1/22, 1/24, 1/26, 1/29, 1/31 only)

(Do NOT Read – Fridays only)

Hey Bucs! Every Friday, the Cerritos College representative, Ms. Castillo, will be on campus in the College and Career Center, located in Room 401, from 12:30 PM to 3:45 PM. Feel free to drop by if you need assistance. (read until 5/10)

STAFF ANNOUNCEMENTS: