



BELLFLOWER MIDDLE/HIGH SCHOOL BUCCANEER NEWSFLASH!



Daily Bulletin for: **01/18/24**

SHORTENED DAY (MONDAYS)

| | |
|-----------------|---------------|
| Period 1 / 2 | 10:00 - 11:09 |
| Snack | 11:09 - 11:18 |
| Period 3 / 4 | 11:24 - 12:35 |
| MS Lunch | 12:35 - 1:06 |
| HS Period 5 / 6 | 12:41 - 1:50 |
| MS Period 5 / 6 | 1:12 - 2:21 |
| HS Lunch | 1:50 - 2:21 |
| Period 7 / 8 | 2:27 - 3:36 |



Because Unity Creates Success

Visit the BHS Website:
www.bellflowerhigh.org



ACTIVITIES & ATHLETICS

01/18 - 8:15am – AVID Field Trip to Ramona Elem. School
01/18 - 8:30am – Photo Class Field Trip to The Getty
01/18 - 12:15pm – AVID Field Trip to Woodruff Elem. School
01/18 - 3:00pm – JV Boys Soccer vs. Mayfair HS
01/18 - 3:00pm – Varsity Boys Soccer vs. Mayfair HS
01/18 - 3:00pm – JV Girls Soccer vs. Paramount HS @ home
01/18 - 4:45pm – Varsity Girls Soccer vs. Paramount HS @ home
01/18 - 5:00pm – JV Boys Wrestling vs. Gahr HS @ home
01/18 - 5:45pm – Varsity Girls Wrestling vs. Gahr HS @ home
01/18 - 6:30pm – Varsity Boys Wrestling vs. Gahr HS @ home



REGULAR DAY

MAROON (1,3,5,7) / GOLD (2,4,6,8)

| | |
|-----------------|---------------|
| Period 1 / 2 | 8:30 - 10:02 |
| Snack | 10:02 - 10:11 |
| Period 3 / 4 | 10:17 - 11:49 |
| MS Lunch | 11:49 - 12:20 |
| HS Period 5 / 6 | 11:55 - 1:27 |
| MS Period 5 / 6 | 12:26 - 1:58 |
| HS Lunch | 1:27 - 1:58 |
| Period 7 / 8 | 2:04 - 3:36 |

CALENDAR

JANUARY 2024

| <u>S</u> | <u>M</u> | <u>T</u> | <u>W</u> | <u>Th</u> | <u>F</u> | <u>S</u> |
|----------|----------|----------|----------|-----------|----------|----------|
| | 1 | 2 | 3 | 4 | 5 | 6 |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| 28 | 29 | 30 | 31 | | | |
| | | | | | | |

Lunch Menu: Honey Fire Chicken w/ steamed rice & steamed broccoli
Or Corn Dog w/ celery, ranch dip, & pineapple spears
Vegetarian Option: Orange Chicken-less Nuggets

Breakfast for 1/19: Breakfast Fruit (freshly prepared) or Muffin

NEW ANNOUNCEMENTS:

Today at High School Lunch, our spring musical will be revealed! Stop by the front of the ASB OFFICE to see which show we will be doing - Audition dates to be announced later!

Hey seniors, do you need help completing the FAFSA or CADAA? The College & Career Center is hosting FAFSA & CADAA Workshops on Thursdays during Period 7 and 8. The first workshop is January 25th.

Parents/Guardians are welcome to attend the FAFSA/CADAA Workshop. You must register to attend the Thursday FAFSA/CADAA Workshops. The registration link can be found in the Class of 2024 Google Classroom.

NOTE - Seniors and their parents can also schedule a one-on-one FAFSA/CADAA assistance meeting with Ms. Campos, College & Career Counselor, after school on Mondays and Wednesdays from 3:45-4:30pm. See Ms. Campos to schedule a meeting.

Attention Seniors, the College and Career Center is hosting a FAFSA/CADAA Workshop on Wednesday, January 31st from 5:00 to 7:00pm in room 401. This is a great opportunity for seniors and their families to get help completing the new version of the FAFSA and CA Dream Act Application (CADAA). A Cerritos College Financial Aid representative will be present to help students with their FAFSA or CADAA. NOTE - The 2024-2025 FAFSA/CADAA is NOW Open, and the priority deadline to submit the application is April 2nd.

Stop by the College & Career Center in 401 to find out what information is needed to complete the FAFSA/CADAA.

Certain Seniors that haven't taken their senior portrait with Classic Image will be taking it on Friday, January 19th. This group of seniors received an email from Dr. Tehrani.

Girls: please wear a white camisole. *You will be provided with a drape to wear*

Boys: please wear a white collared shirt. *You will be provided with a jacket/tie.*

Mu Alpha Theta meeting this Friday, 1/19 at lunch. New puzzles and a surprise!

Attention all 7th and 8th grade Boys and Girls: Cross Country and Track Intramurals is still looking for more participants. Practice will take place the month of January during 8th period and after school at the track. Any middle school students interested should go see Coach Adriance in room 502 during snack or during 8th period and after school at the track.

Students in Grade 7, 9, and 11 will take the California Healthy Kids Survey in their 7th grade science, 9th grade science, and 11th grade US History classes. This is an important survey to complete. Your teacher will provide you with a link to take the survey in class.

ATTENTION JUNIORS! Please pick up a Kaiser Permanente Youth Work Prep application in the College & Career Center if you are interested in a career in healthcare. You must turn in your completed application and letter of rec to Mrs. Ellis in Room 209 or the College & Career Center. Good luck!

Bellflower High School Golf team is holding a tryout for the upcoming boy's season. If you would like to learn to play Golf and want to find out more about it, please come see Coach Shu in room 891 during snack or lunch.

The tryout will take place during the 7th period and after school on Friday, Jan 19th.

#Golf Is Fun!

Don't have sport for the spring semester? Tennis Tryouts are this week and next week at the tennis courts during 7th and 8th Period! If you have any questions Dm us on instagram @bellflowertennis or stop by room 912 to talk to Mr. Ordinario.

Attention 7th-10th graders. *Do you want to go to college? Join AVID!!!*

AVID is a college and career readiness program that helps students build leadership skills, take rigorous classes, and prepare for college and careers after graduating High School. If you are interested in joining the AVID program **applications are open now and close on Wednesday, January 31st.** Go to the college and career center during 7th or 8th period or contact Mr. Rooks for more information. (read until 1/30/24)

(Do NOT Read –every other day only)

As we kick off second semester, this is a friendly reminder **to always show Positivity, Respect, Integrity, Dedication, and our focus for this month, EXCELLENCE.**

Excellence is being the best you can be at something. It's about doing your absolute best and putting in effort to achieve your goals. It is time for all of us to live our excellence here at Bellflower Middle and High School. Let's do this 2024.

In addition, **this semester we expect to see all students on time to all classes. Please take PRIDE in yourself and be on time daily.** (read 1/17, 1/19, 1/22, 1/24, 1/26, 1/29, 1/31 only)

(Do NOT Read – Fridays only)

Hey Bucs! Every Friday, the Cerritos College representative, Ms. Castillo, will be on campus in the College and Career Center, located in Room 401, from 12:30 PM to 3:45 PM. Feel free to drop by if you need assistance. (read until 5/10)

(Do NOT Read – Tuesdays & Fridays only)

Buc Bargains Thrift Store in Room 901 is open today during High School lunch. (read until end of school year).

STAFF ANNOUNCEMENTS: