



BELLFLOWER MIDDLE/HIGH SCHOOL BUCCANEER NEWSFLASH!



Daily Bulletin for: **01/17/24**

SHORTENED DAY (MONDAYS)

Period 1 / 2	10:00 - 11:09
Snack	11:09 - 11:18
Period 3 / 4	11:24 - 12:35
MS Lunch	12:35 - 1:06
HS Period 5 / 6	12:41 - 1:50
MS Period 5 / 6	1:12 - 2:21
HS Lunch	1:50 - 2:21
Period 7 / 8	2:27 - 3:36

Because Unity Creates Success

Visit the BHS Website:
www.bellflowerhigh.org

REGULAR DAY

MAROON (1,3,5,7) / GOLD (2,4,6,8)

Period 1 / 2	8:30 - 10:02
Snack	10:02 - 10:11
Period 3 / 4	10:17 - 11:49
MS Lunch	11:49 - 12:20
HS Period 5 / 6	11:55 - 1:27
MS Period 5 / 6	12:26 - 1:58
HS Lunch	1:27 - 1:58
Period 7 / 8	2:04 - 3:36

ACTIVITIES & ATHLETICS

01/17 - 3:00pm – JV Boys Basketball vs. Warren HS
01/17 - 4:45pm – Frsh/Sph Boys Basketball vs. Warren HS
01/17 - 5:00pm – Varsity Girls Basketball vs. La Mirada HS @ home
01/17 - 7:00pm – Varsity Boys Basketball vs. La Mirada HS @ home



CALENDAR

JANUARY 2024

<u>S</u>	<u>M</u>	<u>T</u>	<u>W</u>	<u>Th</u>	<u>F</u>	<u>S</u>
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			



Lunch Menu: BYO Chicken Tinga Burrito Ranch Style Beans
Or Cheese & Deep Dish Pepperoni Pizza w/ romaine salad, BUSD ranch cup
Vegetarian Option: BYO Bean Burrito

Breakfast for 1/18: Chocolate Donut or Pancake on Stick w/ Syrup (served warm)

NEW ANNOUNCEMENTS:

Mu Alpha Theta meeting this Friday, 1/19 at lunch. New puzzles and a surprise!

Shout out to your Lady Bucs Basketball Team with a key win last Friday at Dominguez High School.
The Bucs were **led by Senior Raiah Blackmon** with 25 points, 13 rebounds, and **Senior Amira Campbell** with 10 points, and 11 rebounds. Great win, ladies! **Come to the gym tonight as they take on La Mirada here at 5:00.**
Good luck, ladies!

There was an update over the weekend for Minga. Please be sure to download the newest version from your Apple Store or Google Play Store for it to continue functioning normally.

Attention all 7th and 8th grade Boys and Girls: Cross Country and Track Intramurals is still looking for more participants. Practice will take place the month of January during 8th period and after school at the track. Any middle school students interested should go see Coach Adriance in room 502 during snack or during 8th period and after school at the track.

Students in Grade 7, 9, and 11 will take the California Healthy Kids Survey in their 7th grade science, 9th grade science, and 11th grade US History classes. This is an important survey to complete. Your teacher will provide you with a link to take the survey in class.

ATTENTION JUNIORS! Please pick up a Kaiser Permanente Youth Work Prep application in the College & Career Center if you are interested in a career in healthcare. You must turn in your completed application and letter of rec to Mrs. Ellis in Room 209 or the College & Career Center. Good luck!

Bellflower High School Golf team is holding a tryout for the upcoming boy's season. If you would like to learn to play Golf and want to find out more about it, please come see Coach Shu in room 891 during snack or lunch. **The tryout will take place during the 7th period and after school on Friday, Jan 19th.**
#Golf Is Fun!

Chess club meets every Maroon Wednesday at lunch in room 304, and our next one is this week! Bring a lunch and a friend, all levels are welcome.

Don't have sport for the spring semester? Tennis Tryouts are this week and next week at the tennis courts during 7th and 8th Period! If you have any questions Dm us on instagram @bellflowertennis or stop by room 912 to talk to Mr. Ordinario.

Attention 7th-10th graders. *Do you want to go to college? Join AVID!!!*

AVID is a college and career readiness program that helps students build leadership skills, take rigorous classes, and prepare for college and careers after graduating High School. If you are interested in joining the AVID program **applications are open now and close on Wednesday, January 31st.** Go to the college and career center during 7th or 8th period or contact Mr. Rooks for more information. (read until 1/30/24)

As we kick off second semester, this is a friendly reminder **to always show Positivity, Respect, Integrity, Dedication, and our focus for this month, EXCELLENCE.**

Excellence is being the best you can be at something. It's about doing your absolute best and putting in effort to achieve your goals. It is time for all of us to live our excellence here at Bellflower Middle and High School. Let's do this 2024.

In addition, **this semester we expect to see all students on time to all classes. Please take PRIDE in yourself and be on time daily.** (read 1/17, 1/19, 1/22, 1/24, 1/26, 1/29, 1/31 only)

(Do NOT Read – Fridays only)

Hey Bucs! Every Friday, the Cerritos College representative, Ms. Castillo, will be on campus in the College and Career Center, located in Room 401, from 12:30 PM to 3:45 PM. Feel free to drop by if you need assistance. (read until 5/10)

(Do NOT Read – Tuesdays & Fridays only)

Buc Bargains Thrift Store in Room 901 is open today during High School lunch. (read until end of school year).

STAFF ANNOUNCEMENTS: