



BELLFLOWER MIDDLE/HIGH SCHOOL BUCCANEER NEWSFLASH!



Daily Bulletin for: **01/16/24**

SHORTENED DAY (MONDAYS)

Period 1 / 2	10:00 - 11:09
Snack	11:09 - 11:18
Period 3 / 4	11:24 - 12:35
MS Lunch	12:35 - 1:06
HS Period 5 / 6	12:41 - 1:50
MS Period 5 / 6	1:12 - 2:21
HS Lunch	1:50 - 2:21
Period 7 / 8	2:27 - 3:36

Because Unity Creates Success

Visit the BHS Website:
www.bellflowerhigh.org

REGULAR DAY

MAROON (1,3,5,7) / GOLD (2,4,6,8)

Period 1 / 2	8:30 - 10:02
Snack	10:02 - 10:11
Period 3 / 4	10:17 - 11:49
MS Lunch	11:49 - 12:20
HS Period 5 / 6	11:55 - 1:27
MS Period 5 / 6	12:26 - 1:58
HS Lunch	1:27 - 1:58
Period 7 / 8	2:04 - 3:36

ACTIVITIES & ATHLETICS

01/16 - 3:00pm – JV Girls Soccer vs. Dominguez HS
01/16 - 3:00pm – JV Boys Basketball vs. Dominguez HS @ home
01/16 - 4:45pm – Varsity Boys Basketball vs. Dominguez HS @ home
01/16 - 4:45pm – Varsity Girls Soccer vs. Dominguez HS



CALENDAR

JANUARY 2024

<u>S</u>	<u>M</u>	<u>T</u>	<u>W</u>	<u>Th</u>	<u>F</u>	<u>S</u>
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			



Lunch Menu: Spaghetti & Meat Sauce w/ garlic toast, cheese stick, romaine salad, ranch dressing
Or Pull Apart Cheese w/ marinara sauce cup
Vegetarian Option: Spaghetti & Marinara w/ cheese stick

Breakfast for 1/17: Yogurt Bowl or Honey Wheat Breakfast Bar

NEW ANNOUNCEMENTS:

Students in Grade 7, 9, and 11 will take the California Healthy Kids Survey in their 7th grade science, 9th grade science, and 11th grade US History classes. This is an important survey to complete. Your teacher will provide you with a link to take the survey in class.

To our Middle Schoolers: You should begin the NWEA Reading exams today in your English classes!
Good luck, and do well!

ATTENTION JUNIORS! Please pick up a Kaiser Permanente Youth Work Prep application in the College & Career Center if you are interested in a career in healthcare. You must turn in your completed application and letter of rec to Mrs. Ellis in Room 209 or the College & Career Center. Good luck!

Bellflower High School Golf team is holding a tryout for the upcoming boy's season. If you would like to learn to play Golf and want to find out more about it, please come see Coach Shu in room 891 during snack or lunch.

The tryout will take place during the 7th period and after school on Friday, Jan 19th.

#Golf Is Fun!

Chess club meets every Maroon Wednesday at lunch in room 304, and our next one is this week!

Bring a lunch and a friend, all levels are welcome.

Don't have sport for the spring semester? Tennis Tryouts are this week and next week at the tennis courts during 7th and 8th Period! If you have any questions Dm us on instagram @bellflowerennis or stop by room 912 to talk to Mr. Ordinario.

Attention 7th-10th graders. *Do you want to go to college?* Join AVID!!!

AVID is a college and career readiness program that helps students build leadership skills, take rigorous classes, and prepare for college and careers after graduating High School. If you are interested in joining the AVID program **applications are open now and close on Wednesday, January 31st.** Go to the college and career center during 7th or 8th period or contact Mr. Rooks for more information. (read until 1/30/24)

(Do NOT Read – Fridays only)

Hey Bucs! Every Friday, the Cerritos College representative, Ms. Castillo, will be on campus in the College and Career Center, located in Room 401, from 12:30 PM to 3:45 PM. Feel free to drop by if you need assistance. (read until 5/10)

(Please Read Today – Tuesdays & Fridays only)

Buc Bargains Thrift Store in Room 901 is open today during High School lunch. (read until end of school year).

STAFF ANNOUNCEMENTS: