



BELLFLOWER MIDDLE/HIGH SCHOOL BUCCANEER NEWSFLASH!



Daily Bulletin for: **01/11/24**

SHORTENED DAY (MONDAYS)

Period 1 / 2	10:00 - 11:09
Snack	11:09 - 11:18
Period 3 / 4	11:24 - 12:35
MS Lunch	12:35 - 1:06
HS Period 5 / 6	12:41 - 1:50
MS Period 5 / 6	1:12 - 2:21
HS Lunch	1:50 - 2:21
Period 7 / 8	2:27 - 3:36

**Because Unity Creates
Success**

Visit the BHS Website:
www.bellflowerhigh.org

REGULAR DAY

MAROON (1,3,5,7) / GOLD (2,4,6,8)

Period 1 / 2	8:30 - 10:02
Snack	10:02 - 10:11
Period 3 / 4	10:17 - 11:49
MS Lunch	11:49 - 12:20
HS Period 5 / 6	11:55 - 1:27
MS Period 5 / 6	12:26 - 1:58
HS Lunch	1:27 - 1:58
Period 7 / 8	2:04 - 3:36

ACTIVITIES & ATHLETICS

01/11 - 3:00pm - Frsh/Sph Boys Soccer vs. Gahr HS
 01/11 - 3:00pm - JV Boys Soccer vs. Gahr HS
 01/11 - 3:00pm - JV Girls Soccer vs. Lynwood HS @ home
 01/11 - 4:45pm - Varsity Girls Soccer vs. Lynwood HS @ home
 01/11 - 4:45pm - Varsity Boys Soccer vs. Gahr HS
 01/11 - 5:00pm - JV Boys Wrestling vs. La Mirada HS
 01/11 - 5:45pm - Varsity Girls Wrestling vs. La Mirada HS
 01/11 - 6:30pm - Varsity Boys Wrestling vs. La Mirada HS

CALENDAR

JANUARY 2024

<u>S</u>	<u>M</u>	<u>T</u>	<u>W</u>	<u>Th</u>	<u>F</u>	<u>S</u>
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

Lunch Menu: Chicken Drumstick w/ dinner roll, loaded mashed potatoes
 Or Grilled Cheese Sandwich w/ celery, ranch dip, pineapple spears
 Vegetarian Option: Chicken-less Nuggets

Breakfast for 1/12: Waffle w/ Banana Syrup Pkt. or Cereal Bar (variety)

NEW ANNOUNCEMENTS:

A reminder to CalAPS students, Tuesday and Thursday courses start today.

For those enrolled in off-site courses who plan to ride the district CalAPS bus, please meet at the front of the BISC office after school. If you have questions about your courses, stop by the College and Career Center and speak to Ms. Campos or Ms. Ochoa.

Girls Beach Volleyball is a new CIF sport for Bellflower High School. *Want to join the fun?*

Tryout is today after school till 4:30 pm. We will be on the grass court in front of the gym. See Coach Chen in Room 101 during High School Lunch if you have questions.

Attention all 7th and 8th grade Boys and Girls: Cross Country and Track Intramurals will be taking place during the month of January during 8th period and after school at the track. Any middle school students interested should go see Coach Adriance in room 502 before school or at snack, or Coach Miller at the track. **First meeting will be today, January 11th, during 8th period and after school.** Hope to see you there.

Middle School NWEA Math Exams begin TODAY! Good luck on your testing. Do well!

CalAPS SPRING COURSES BEGIN THIS WEEK!

CalAPS classes on Mondays and Wednesdays start *Wednesday, January 10th at 4:30 PM.*

CalAPS classes on Tuesdays and Thursdays start on *Thursday, January 11th at 4:30 PM.*

Transportation is available for students taking a CalAPS class at Mayfair and Somerset High School. The bus pick-up is in front of the BISC office. Students need to be at the Bus pick-up by 3:45 p.m. The Bus will pick-up students at 6:30pm and return them to the Bellflower High Campus. Have questions? Visit the College and Career Center in Room 401.

For any student that use his or her ID Card for Early Release, this is a friendly reminder that the student will need a new ID Card for Early Release for the 2nd semester, only if the student plans to use the ID Card for Early Release purposes. Please go to the ASB Office if you need an Early Release Card. Pick-up cards during lunch time (MS or HS).

Attention 7th-10th graders. Do you want to go to college? Join AVID!!!

AVID is a college and career readiness program that helps students build leadership skills, take rigorous classes, and prepare for college and careers after graduating High School. If you are interested in joining the AVID program **applications are open now and close on Wednesday, January 31st.** Go to the college and career center during 7th or 8th period or contact Mr. Rooks for more information. (read until 1/30/24)

(Do NOT Read – Mondays & Fridays only)

Hey Bucs! **Every Monday, the Cerritos College representative, Miss Aquino, will be on campus in the College and Career Center**, located in Room 401, from 12:15 PM to 3:45 PM. Feel free to drop by if you have any questions about Cerritos College. Miss Aquino is here to help.

(Do NOT Read – Tuesdays & Fridays only)

Buc Bargains Thrift Store in Room 901 is open today during High School lunch. (read until end of year).

STAFF ANNOUNCEMENTS: