

Daily Options:

Whole Fruit

Yogurt

Cheese Sticks



# March 2023

## Middle & High School

### Breakfast Menu




Milk Options:

1% Milk

Nonfat Milk

Nonfat Chocolate Milk

We are an Equal Opportunity Provider. This Menu is Subject to Change Without Prior Notice.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		Muffin <sup>1</sup> <i>or</i> Honey Wheat Breakfast Bar	French Toast Sticks w/ Syrup Pkt <sup>2</sup> <i>or</i> Strawberry Nutrigrain Bar	Cereal <sup>3</sup> <i>or</i> Mini Brownie Bar
<b>National School Breakfast Week!</b>				
Muffin Choco Chip <sup>6</sup> <i>or</i> Mini Brownie Bar	Pancake on Stick w/Syrup <sup>7</sup> <i>or</i> Vanilla Concha	Breakfast Burrito <sup>8</sup> <i>or</i> Honey Wheat Breakfast Bar	Pancake Confetti Bites w/ Syrup Pkt <sup>9</sup> <i>or</i> Strawberry Nutrigrain Bar	Chocolate Donut <sup>10</sup> <i>or</i> Mini Brownie Bar
Muffin <sup>13</sup> <i>or</i> Mini Brownie Bar	Cereal <sup>14</sup> <i>or</i> Vanilla Concha	Muffin <sup>15</sup> <i>or</i> Honey Wheat Breakfast Bar	French Toast Sticks w/ Syrup Pkt <sup>16</sup> <i>or</i> Strawberry Nutrigrain Bar	Cereal <sup>17</sup> <i>or</i> Mini Brownie Bar
Muffin <sup>20</sup> <i>or</i> Mini Brownie Bar	Cereal <sup>21</sup> <i>or</i> Vanilla Concha	Muffin <sup>22</sup> <i>or</i> Honey Wheat Breakfast Bar	Waffle w/ Syrup Pkt <sup>23</sup> <i>or</i> Strawberry Nutrigrain Bar	Cereal <sup>24</sup> <i>or</i> Mini Brownie Bar
Muffin <sup>27</sup> <i>or</i> Mini Brownie Bar	Cereal <sup>28</sup> <i>or</i> Vanilla Concha	Muffin <sup>29</sup> <i>or</i> Honey Wheat Breakfast Bar	French Toast Sticks w/ Syrup Pkt <sup>30</sup> <i>or</i> Strawberry Nutrigrain Bar	Cereal <sup>31</sup> <i>or</i> Mini Brownie Bar