

SOUTH Elementary Sites:ILC - Lindstrom - Foster
Jefferson - Williams**NORTH Elementary Sites:**Baxter - Pyle - Ramona
Washington - Woodruff**Secondary Sites:**

BAE - ATC - SHS

Condiments:Mustard, Ketchup, Mayo,
BBQ Sauce, Ranch, Tajin,
Syrup**Bellflower Unified
School District****May 2022****Elementary & Secondary School
Breakfast & Lunch Menu****(Breakfast & Lunch will be served at all sites)**

*We are an Equal Opportunity Provider. This Menu is Subject to Change Without Prior Notice.

Daily Choices:**Breakfast & Lunch:**

Fruit Variety

Milk Options (choose 1):Non-fat Milk, 1% Milk,
NF Chocolate* (*Mondays
& Fridays ONLY)**Alternative Entree:**

Yogurt Meal

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Cereal 1% White Milk Craisins Chicken Nuggets Chips Baby Carrots Celery Sticks Very Berry Juice Served w/ BBQ & Ranch Pkt	3 SOUTH Open House: Sack Lunch Muffin Non-Fat Chocolate Milk Applesauce Chili Bowl: Beef Chili w/ Shredded Cheese Tortillas Wedge Fries Honeydew Bites SOUTH Schools Open House Minimum Day: Sack Lunch	4 Cereal 1% White Milk Craisins Pizza Hut Day!! (Elementary ONLY) Pepperoni & Cheese Broccoli & Cucumbers w/ Ranch Pkt Apple Slices	5 NORTH Open House: Sack Lunch French Toast Sticks w/ Syrup 1% White Milk 100% Fruit Juice Corn Dog w/ Ketchup & Mustard Pkt Green Beans Orange Wedges NORTH Schools: Open House Minimum Day: Sack Lunch	6 SHS: Breakfast ONLY Cereal 1% White Milk Craisins Beef Soft Tacos w/ Shredded Cheese Refried Beans Salsa Fruit Cup
9 Cereal 1% White Milk Craisins Chicken Sandwich Crinkle Cut Fries Baby Carrots Very Berry Juice Served w/ Ketchup, BBQ, & Ranch Pkt	10 Muffin Non-Fat Chocolate Milk Applesauce Ham & Cheese Sandwich w/ Mayo & Mustard Pkts Jicama & Cucumbers w/ Tajin Honeydew Bites	11 Cereal 1% White Milk Craisins Pepperoni & Cheese Pizza Broccoli w/ Ranch Pkt Green Beans Apple Slices Pizza Hut Day!! (BAE, ATC, SHS ONLY)	12 French Toast Sticks w/ Syrup 1% White Milk 100% Fruit Juice Chile Verde Cheese Tamales Pinto Beans w/ Cheese Celery Sticks w/ Ranch Pkt Orange Wedges	13 SHS: Breakfast ONLY Cereal 1% White Milk Craisins Corn Dog w/ Ketchup & Mustard Pkts Green Beans Fruit Cup
16 Cereal 1% White Milk Craisins Chicken Nuggets Chips Baby Carrots Celery Sticks Very Berry Juice Served w/ BBQ & Ranch Pkt	17 Muffin Non-Fat Chocolate Milk Applesauce Beef Soft Tacos w/ Shredded Cheese Pinto Beans Salsa Honeydew Bites	18 Cereal 1% White Milk Craisins Pizza Hut Day!! (Elementary ONLY) Pepperoni & Cheese Broccoli & Cucumbers w/ Ranch Pkt Apple Slices	19 French Toast Sticks w/ Syrup 1% White Milk 100% Fruit Juice Corn Dog w/ Ketchup & Mustard Pkts Green Beans Orange Wedges	20 SHS: Breakfast ONLY Cereal 1% White Milk Craisins Spaghetti & Meat Sauce Garlic Bread Cheese Stick Broccoli & Celery Sticks w/ Ranch Pkt Fruit Cup
23 Cereal 1% White Milk Craisins Cheeseburger Crinkle Cut Fries Baby Carrots Very Berry Juice Served w/ Ketchup, Mustard, & Ranch Pkt	24 Muffin Non-Fat Chocolate Milk Applesauce Ham & Cheese Sandwich w/ Mayo & Mustard Pkts Jicama & Cucumbers w/ Tajin Honeydew Bites	25 Cereal 1% White Milk Craisins Pepperoni & Cheese Pizza Broccoli w/ Ranch Pkt Green Beans Apple Slices Pizza Hut Day!! (BAE, ATC, SHS ONLY)	26 French Toast Sticks w/ Syrup 1% White Milk 100% Fruit Juice Chile Verde Cheese Tamales Pinto Beans w/ Cheese Celery Sticks w/ Ranch Pkt Orange Wedges	27 SHS: Breakfast ONLY Cereal 1% White Milk Craisins Beef Soft Tacos w/ Shredded Cheese Steamed Carrots Salsa Fruit Cup
30 NO SCHOOL MEMORIAL DAY REMEMBER & HONOR	31 SHS: Breakfast ONLY Muffin Non-Fat Chocolate Milk Applesauce Corn Dog w/ Ketchup & Mustard Pkt Green Beans Jicama w/ Tajin Orange Wedges	June 1 Cereal 1% White Milk Craisins Pizza Hut Day!! (Elementary ONLY) Pepperoni & Cheese Broccoli & Cucumbers w/ Ranch Pkt Apple Slices	June 2 French Toast Sticks w/ Syrup 1% White Milk 100% Fruit Juice Minimum Day (Elementary, ATC, & Somerset): Sack Lunch Last Day of School!!	