



We Build Futures!

Breakfast & Lunch Combo served at:

AB, BAE/ATC, CW, EP, FEW, RA, TJ, WA, BHS, MHS, SHS

Lunch Only Sites: EL, ILC, LF, SF

BUSD
Breakfast & Lunch Menu
(Elementary/Secondary/High School)

Includes Heat and Serve Meals!!

October 2020

MENU KEY

***H+S**

Monday Distribution September 28 – October 2

Breakfast (Cold or *H+S):	3 Cereals (3 days); *4 French Toast Sticks w/Syrup pkt (2 days)
Lunch (Hot):	Orange Chicken, Brown Rice, Green Beans (2 days); Pulled Pork Chili Cheese Fries (1 day); Cheeseburger (1 day); Corn Dog (1 day); Fruit (3 days)
Beverage:	1 Quart 1% White Milk (4 days); 8 oz. Nonfat Chocolate Milk, (1 day)

Monday Distribution October 5-9

Breakfast (Cold or *H+S):	3 Small Cereals (3 days); *Mini Pancake Bites w/Syrup pkt (1 day); Chicken Sausage & Egg Croissant Sandwich (1 day)
Lunch (Hot):	Beef Nachos (2 days); Salisbury Steak, Mashed Potatoes w/Gravy (1 day); Cheese Frenchbread Pizza (1 day); Cheese Taquitos, (1 day); Steamed Carrots, (2 days); Fruit (3 days)
Beverage:	1 Quart 1% White Milk; 8 oz. Nonfat Chocolate Milk, (1 day)

Monday Distribution October 12– 16

Breakfast (Cold or *H+S):	3 Small cereals (3 days); *4 French Toast Sticks + Syrup Pkt (2 days)
Lunch (Hot):	Chicken Strips, Wedge Fries, Green Beans (2 days); Spaghetti Bowl (1 day); Cheeseburger (1 day); 1 Corn Dog (1 day); Diced Peaches (3 days)
Beverage:	1 Quart 1% White Milk; 8 oz. Nonfat Chocolate Milk, (1 day)

Monday Distribution October 19– 23

Breakfast (Cold or *H+S):	3 Small Cereals (3 days); *Mini Pancake Bites w/Syrup pkt (2 days)
Lunch (Hot):	Roasted Chicken, Mashed Potatoes w/Brown Gravy, Steamed Carrots (2 days); Beef Teriyaki and Brown Rice (1 day); Cheeseburger (1 day); 1 Corn Dog (1 day); Fruit (3 days)
Beverage:	1 Quart 1% White Milk; 8 oz. Nonfat Chocolate Milk, (1 day)

Monday Distribution October 26 - 30th

Breakfast (Cold or *H+S):	3 Small cereals (3 days); *4 French Toast Sticks w/Syrup Pkt (2 days)
Lunch (Hot):	Orange Chicken, Brown Rice, Green Beans (2 days); Pulled Pork Chili Cheese Fries (1 day); Cheeseburger (1 day); Corn Dog (1 day); Fruit (3 days)
Beverage:	1 Quart 1% White Milk, 8 oz. Nonfat Chocolate Milk, (1 day)

We are an Equal Opportunity Provider. This Menu is Subject to Change Without Prior Notice

Rev 9.30.2020