

## BUSD Breakfast & Lunch Menu (Elementary/Secondary/High School)

MENU KEY

\*H+S

Breakfast & Lunch Combo served at:

AB, BAE/ATC, CW, EP, FEW, RA, TJ, WA, BHS, MHS, SHS

Lunch Only Sites: EL, ILC, LF, SF

Includes Heat and Serve Meals!!

November 2020

	Monday Distribution November 2 - November 6
Breakfast (Cold or *H+S):	3 Small Cereals (3 days); Mini Pancake Bites with Syrup Pkt (1 day); Sausage Patty and Hash Browns (1 day)
Lunch (Hat):	4 Chicken Soft Tacos (2 days); Turkey & Cheese Sandwich (1 day); Cheeseburger (1 day); 1 Corn dog (1 day); Refried Beans (2 Days); Fruit (3 days)
Beverage:	l Quart 1% White Milk (4 days); 8 oz. Nonfat Chocolate Milk (1 day)
	Monday Distribution November 9 - November 13
Breakfast (Cold or *H+S):	3 Small Cereals (3 days); 4 French Toast Sticks with Syrup Pkt (2 days)
Lunch (Hat):	6 Chicken Strips, Green Beans, Seasoned Potato Wedges (2 days); Spaghetti Bowl (1 day); Cheese French Bread Pizza (1 day); 2 Cheese Taquitos (1 day); Fruit (3 days)
Beverage:	1 Quart 1% White Milk (4 days); 8 oz. Nonfat Chocolate Milk (1 day)
Monday Distribution November 16 - November 20	
Breakfast (Cold or *H+S):	3 Small Cereals (3 days); Mini Pancake Bites with Syrup Pkt (2 days); Sausage and Hash Browns (1 day)
Lunch (Hat):	Roasted Chicken, Steamed Carrots, Mashed Potatoes with Brown Gravy (2 days); Beef Teriyaki and Brown Rice (1 day); Cheeseburger (1 day); 1 Corn Dog (1 day); Fruit (3 days)
Beverage:	1 Quart 1% White Milk (4 days); 8 oz. Nonfat Chocolate Milk (1 day)
Monday Distribution November 23- November 27	
Breakfast (Cold or *H+S):	3 Small Cereals (3 days); 4 French Toast Sticks with Syrup Pkt (2 days)
Lunch (Hot):	Orange Chicken, Brown Rice, Green Beans (2 days); Pulled Pork Chili Cheese Fries (1 day); Cheese French Bread Pizza (1 day); 2 Cheese Taquitos (1 day); Fruit (3 days)
Beverage:	1 Quart 1% White Milk (4 days); 8 oz. Nonfat Chocolate Milk (1 day)
Monday Distribution November 30 - December 4	
Breakfast (Cold or *H+S):	3 Small Cereals (3 days); Mini Pancake Bites with Syrup Pkt (1 day); Sausage Patty and Hash Browns (1 day)
Lunch (Hat):	4 Chicken Soft Tacos (2 days); Turkey & Cheese Sandwich (1 day); Cheeseburger (1 day); 1 Corn dog (1 day); Refried Beans (2 Days); Fruit (3 days)
Beverage:	1 Quart 1% White Milk (4 days); 8 oz. Nonfat Chocolate Milk (1 day)