

Daily Options:

- Cereal
- Craisins
- Whole Fruit
- Yogurt
- Cheese Sticks



KEY:

Served Warm



Freshly Prepared



Bellflower Unified School District



August 2023 Middle & High School Breakfast Menu



Milk Options:

1% Milk

Nonfat Milk

Nonfat Chocolate Milk

We are an Equal Opportunity Provider. This Menu is Subject to Change Without Prior Notice.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4
	8	9	10	11
			Chocolate Donut or Pancake on Stick w/ Syrup	Breakfast Fruit Pizza or Muffin Variety
14	15	16	17	18
French Toast w/ Apple Glaze or Mini Brownie Bar	Mini Confetti Pancakes or Vanilla Concha	Yogurt Bowl or Honey Wheat Breakfast Bar	Chocolate Donut or Pancake on Stick w/ Syrup	Waffles w/ Banana Glaze or Cereal Bar Variety
21	22	23	24	25
French Toast w/ Apple Glaze or Mini Brownie Bar	Mini Confetti Pancakes or Vanilla Concha	Yogurt Bowl or Honey Wheat Breakfast Bar	Chocolate Donut or Pancake on Stick w/ Syrup	Breakfast Fruit Pizza or Muffin Variety
28	29	30	31	
French Toast w/ Apple Glaze or Mini Brownie Bar	Mini Confetti Pancakes or Vanilla Concha	Yogurt Bowl or Honey Wheat Breakfast Bar	Chocolate Donut or Pancake on Stick w/ Syrup	