

# SAMPLE WEEKLY SCHEDULE

	Time	Monday	Tuesday	Wednesday	Thursday	FUN Friday
1	8:00 – 8:45	<b>Wakeup –</b> 1.Make bed/ Morning Routine 2.Brush teeth 3.Get dressed 4.Breakfast 5.Restroom	-----repeat----->	-----repeat----->	-----repeat----->	-----repeat----->
2	9:00 – 9:30	1.Review schedule for the day. 2. Calendar	1.Review schedule for the day. 2. Calendar 3. Sight Words	1.Review schedule for the day. 2. Calendar	1.Review schedule for the day. 2. Calendar	1.Review schedule for the day. 2. Calendar 3. Sight Words
4	9:30 – 10:40	<b>ELA</b> 1.ELA Songs 2.ELA Learning 3.FreeChoice play	<b>P.E.</b> Activities (Movement) •See website •Play outdoors	<b>ELA</b> 1.ELA Songs 2.ELA Learning 3.FreeChoice play	<b>ELA</b> 1.ELA Songs 2.ELA Learning 3.FreeChoice play	<b>P.E..</b> Activities (Movement) •See website •Play outdoors
5	10:40 – 11	Outdoor Play / Free Choice	-----repeat----->	-----repeat----->	-----repeat----->	-----repeat----->
6	11 - 11:30	Snack / Restroom	-----repeat----->	-----repeat----->	-----repeat----->	-----repeat----->
7	11:30 – 12	Reading / Story Time/ART	<b>SCIENCE</b> Website / Video	Reading / Story Time /ART	<b>SCIENCE</b> Website / Video /	Computers – 1. Website of Choice
8	12:00 – 1:00	Lunch/Restroom / Outdoor Play	-----repeat----->	-----repeat----->	-----repeat----->	-----repeat----->
10	1:00 – 2:00	<b>MATH</b> 1.Math Songs 2.Math Learning 3.FreeChoice Play	<b>MATH</b> 1.Math Songs 2.Math Learning 3.FreeChoice Play		<b>MATH</b> 1.Math Songs 2.Math Learning 3.FreeChoice Play	<b>LIFE SKILLS</b> 1. Cooking Snack / Life Skills 2. Free Choice Play
11	2:00 – 2:30	1. Clean up / 2. Reset Schedules for the next day	-----repeat----->		-----repeat----->	-----repeat----->

# Write Your Daily Schedule

	Time	Monday	Tuesday	Wednesday	Thursday	FUN Friday
1	8:00 – 8:45					
2	9:00 – 9:30					
4	9:30 – 10:40					
5	10:40 – 11					
6	11 - 11:30					
7	11:30 – 12					
8	12:00 – 1:00					
10	1:00 – 2:00					
11	2:00 – 2:30					

# Learning Resources

## Calendar

### You Tube Videos:

Days of the week (Pick 1)

- Days of the week song - singing walrus - <https://youtu.be/mXMofxtDPUQ>
- Sunny Side Up - Days of the week - <https://youtu.be/lRnnLPjRn84>
- 7 Days of the week - <https://youtu.be/3tx0rvuXIRg>
- Adams Family - Days of the week <https://youtu.be/8GKmCQOy88Y>
- Days of the week - Dr. Jean - <https://youtu.be/-JsfKTNAL50>

Months of the year (Pick 1)

- Months of the year - Scratch Garden - <https://youtu.be/VwvFE0OEMtl>
- The Months Chant - <https://youtu.be/gtc4c1JIAEM>
- 12 months in a year song - <https://youtu.be/JABPMYXTZcs>

### Websites:

[www.Starfall.com](http://www.Starfall.com)

### Activities:

- 1.Practice naming Months of the year
- 2.Practice counting months of the year
- 3.Practice naming days of the week forward and backwards
- 4.Practice finding yesterday, today, and tomorrow.
- 5.Update the date on Calendar / Practice counting dates
- 6.Write Date in number form: 3/30/2020 or 3-30-2020
- 7.Write the day, and date in word form.
  1. Day, 2. Month 3. Date, 4. YearEx: Monday, March 30, 2020

## Morning Activities & Songs

### You Tube Videos:

- Good morning Matt - <https://youtu.be/U9Q7Y3t4m3g>
- Morning Routine by Matt - <https://youtu.be/eUXkj6j6Ezw>
- A Beautiful Day - <https://youtu.be/cswroZoOjv8>
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### Websites:

[www.starfall.com](http://www.starfall.com)

### Activities:

- Greet others around the house.
- Talk to a partner about your favorite activity from yesterday
- What are you looking forward to today? (or Friday)

## Art

- Mo Willems Daily Doodle - [https://www.youtube.com/playlist?list=PL14hRqdOPELGbKihHuTqx\\_pbvCLqGbOkF](https://www.youtube.com/playlist?list=PL14hRqdOPELGbKihHuTqx_pbvCLqGbOkF)

# ELA Learning

## Reading

### You Tube Videos:

- Meet The Sight Words
- Pre Primer Sight Words - <https://youtu.be/ljkgdzid6Hc>
- <https://youtu.be/iTF4kxmYEI4>
- <https://youtu.be/VDsOrFXCbK4>
- Primer Sight Words - <https://youtu.be/UOSpMOAvGLE>
- Alphabet songs - <https://youtu.be/KGZFmW3uPJE>
- Digraphs - [https://youtu.be/NK8\\_Tvu6bJk](https://youtu.be/NK8_Tvu6bJk)
- Consonant blends - <https://youtu.be/tvAHnCI--JU>
- Vowel blends – [https://youtu.be/k\\_n\\_LHGseNk](https://youtu.be/k_n_LHGseNk)
- Silent e - <https://youtu.be/mnanlcyRuul>

### Websites:

- Squiggle Park – [play.prodigygame.com](http://play.prodigygame.com)
- Storyline – [www.storylineonline.net/](http://www.storylineonline.net/)
- EPIC – [www.getepic.com](http://www.getepic.com)
- ABCYA – [www.abcya.com](http://www.abcya.com)
- \*Kids Time Magazine - <https://www.timeforkids.com/>

### Activities:

- Listen to a sight words song
- \*Practice reading sight word lists
- Read Sentences from Reading Packets
- Read a story from the EPIC Website

### Story Time:

[www.getepic.com](http://www.getepic.com)

## Writing

### You Tube Videos:

- The sentence song - [https://youtu.be/0Wrv\\_ZviMEc](https://youtu.be/0Wrv_ZviMEc)
- Upper Case Letter - <https://youtu.be/MwUjGtdTxVo>
- Parts of a sentence - <https://youtu.be/Qh7hCqyfaPs>
- Writing - <https://youtu.be/l2uZtha2R0l>
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### Websites:

- Typing club - [www.typingclub.com](http://www.typingclub.com)

### Activities:

- Practice writing Alphabet and vocabulary words
- Practice writing your weekly list of sight words. Write each word 3 times spell each word out loud as you write.
- Practice writing 3 sentences using 1 noun, 1 sight word, and 1 adjective.

# Learning Resources

## Math

### You Tube Videos:

- Time - <https://youtu.be/tEmg914-9xY>
- Telling time - <https://youtu.be/ElxaxnageTo>
- Meet the math facts - [https://youtu.be/8cR\\_1Qi-tP4](https://youtu.be/8cR_1Qi-tP4)
- Multiply by 2 - <https://youtu.be/iiR8hqJeQsw>
- Multiplication - <https://youtu.be/dPKsJHBZs4Q>
- Multidigit multiplication - <https://youtu.be/9dYXfZZsbzc>
- Division - <https://youtu.be/J0IsX2d7y08>
- Count by 2 - [https://youtu.be/6RHvIUry\\_uc](https://youtu.be/6RHvIUry_uc)
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### Websites:

- Prodigy – [play.prodigygame.com](http://play.prodigygame.com)
- Khan Academy – [www.khanacademy.org](http://www.khanacademy.org)
- ABCYA - [www.abcya.com](http://www.abcya.com)

### Activities:

- Listen to a math song
- Complete 1 page from Math Packet

## Science

### You Tube Videos:

- Gorillas - <https://youtu.be/rHhSCO5-3Pg>
- Needs of a plant - <https://youtu.be/dUBIQ1fTRzI>
- Living things - <https://youtu.be/tzN299RpJHA>
- Water cycle - <https://youtu.be/TWb4KIM2vts>
- Plant and animal cells - <https://youtu.be/ApvxVtBJxd0>
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### Websites:

- Mystery Doug – [www.mysterydoug.com](http://www.mysterydoug.com)
- National Geographic – <https://kids.nationalgeographic.com/>

### Activities:

- Watch 1 science video and talk about it with a partner or friend using these questions:
  1. What was something interesting that you saw?  
-something interesting that I saw was.....
  2. What did you like about the video?  
-I liked.....
  3. How did the video make you feel and why?  
-The video made me feel.....  
-because.....

# Learning Resources

## History

### Website:

- History for kids – [www.historyforkids.net](http://www.historyforkids.net)

## Physical Education

### You Tube Videos:

- The learning station movement songs
- Jack Hartmann movement songs
- Go noodle movement songs

### Website:

- <https://sites.google.com/a/busd.k12.ca.us/pe-at-home-elementary/pe-at-home-elementary?previewAsViewer=1>
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- [www.gonoodle.com](http://www.gonoodle.com)
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# Learning Resources

## Life Skills

### Videos:

Hand Washing

- Hand Washing - [https://youtu.be/Vr6GQN-z\\_2s](https://youtu.be/Vr6GQN-z_2s)

Setting the table/ table manners

- <https://drive.google.com/open?id=19cjSqLTKBEWuohNtGBV5XpbFNURSwiNX>

## Free Choice Ideas

### You Tube Videos:

- Kids Bop 2020 - <https://youtu.be/izlefMDXWFM>
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### Websites:

[www.pbskids.org](http://www.pbskids.org)

[www.abcmouse.com](http://www.abcmouse.com)

[www.abcya.com](http://www.abcya.com)

[www.gonoodle.com](http://www.gonoodle.com)

### Activities:

Puzzles

Playing Cards

Board Games

Rest time

Playing with toys

Simon Says

Legos / Blocks

Make a Fort

Play dough

Listen to music