

Hello families and students!

We miss seeing you all in class but hope things are going well at home. Below you will find a SUGGESTED daily schedule to help keep consistency and routine while school remains closed. Again, this is a recommendation and can be adjusted to meet the needs of your family. Please reach out to us with any questions or concerns, we are here for you!

All our best,
The sixth grade team

Before 9:00 am	Wake up	Make your bed, brush your teeth, get dressed
9:00-10:00	Breakfast	Eat breakfast, watch tv, play with siblings
10:00-11:00	ELA	Work on suggested ELA assignments from Mrs. Diehl
11:00-11:15	Brain Break	Take a break: stretch, draw, physical activity
11:15-12:15	Math	Work on suggested math assignments from Ms. K
12:15-1:00	Lunch	Enjoy!
1:00-1:30	Quiet Time	Read a book, nap, puzzle, yoga
1:30-2:30	Science/History	Work on suggested history/science assignments from Mrs. Ross
2:30-3:30	Outdoor Time	Take a walk with family, ride bikes, play outside *follow CDC guidelines for these activities as restrictions may change*
3:30-5:00	Free Time	Play video games, watch a movie, talk with friends
Evening Hours	Dinner	Help with dinner, wash this dishes
Before 9:30	Bed Time	Take a shower, brush your teeth and get a good night sleep

****For suggested assignments, please check each of our google class pages****