

Community Family Guidance Center

Presents: **POSITIVE PARENTING PROGRAM**

Triple P Parenting Group

Community Family Guidance Center invites you to join the Triple P Parenting Group. Throughout the Triple P seminars, parents learn how to use positive parenting to encourage children to learn the skills and competencies they need and to promote their health, development, and well-being. This class is for parents of children ages 0-12

Who can participate in the group?

A parent or someone in the role of a parent/guardian

How much do I have to pay? Is insurance required?

FREE! Insurance is not required. There is no cost to you to join

What skills are taught in the group?

Parents will learn the importance of creating a safe and interesting environment. Parents will learn the importance of having realistic expectations. Parents will learn how to teach their children to be respectful, be considerate, have good communication skills, have healthy self-esteem, develop coping skills, express feelings appropriately, and become a good problem solver

How long is the group?

The group is 3 weeks long for three consecutive days

The Seminars will be held in **SPANISH** on:

Friday , September 20, 2019

Friday, September 27, 2019

Friday , October 4, 2019

8:45am-11:00am



Mission:

The primary mission of Community Family Guidance Center (CFGC) is to support children, families and individuals to heal, thrive and achieve their potential.

For more information:

Please contact:

Anabel Rivas
(562) 924-5526 ext 285

Hosted by:

Community Family
Guidance Center
10929 South Street Ste.
208B
Cerritos, CA 90703
(562) 924-5526

www.cfgcenter.com

Washington Elementary School Room #702

9725 Jefferson St, Bellflower, CA 90706 Phone (562) 804-6535