



TIPS FOR DISTANCE LEARNING...

- ◆ Create a consistent daily schedule. Please refer to the classroom schedule your teacher has given you as a reference for planning your child's day.
- ◆ Try to keep the same schedule as when school is open (if possible). This will help your child transition back to school easier once school opens.
- ◆ Keep consistent times for meals/bedtime: Having a different schedule every day or allowing your child to stay up late/sleep late will keep them from accessing live teaching.
- ◆ Access live teaching as much as possible: have your child log onto zoom or the Google Classroom for live teaching formats during the school day. Working with the classroom on a daily basis will help your child work on his or her IEP goals and keep them connected to peers and staff.
- ◆ Create and follow the Distance Learning Plans created for your child. We understand every student/family has individual needs. Teacher and staff are open to creating plans that work with individual family needs.
- ◆ Create a consistent area for your child to work in daily. Also, create a break area in case your child requires a break. Remember to reach out to your child's team at school if you have any questions. We are here for you!

For more tips and strategies, please access this link for New York Times article "How to Proactively Prepare for Distance Learning." (8/5/2020) <https://www.nytimes.com/2020/08/05/parenting/parents-distance-learning.html>