



Bellflower
Unified
School
District

We Build Futures!

Breakfast & Lunch Combo served at:

AB, BAE/ATC, CW, EP, FEW, RA, TJ, WA, BHS, MHS, SHS

Lunch Only Sites: EL, ILC, LF, SF

BUSD
Breakfast & Lunch Menu
(Elementary/Secondary/High School)

Includes Heat and Serve Meals!!

August 2020

MENU KEY

**** Breakfast Item**

H+S (Heat and Serve)

Mon	Tue	Wed	Thu	Fri
3	4	5	6	7
10	11	12	13	14
17	18	19	20	21
	<p>*First Day Of School*</p> <p>**Breakfast Burrito (H+S) Orange Juice 4 oz</p> <p>Chicken strips (H+S) Wedge Fries Steamed Carrots Milk Chocolate</p>	<p>**Cereal</p> <p>Cheese Enchiladas (H+S) w/Red Sauce Strawberry Frozen Cup Milk 1% White</p>	<p>**2 French Toast Sticks w/ Syrup pkt (H+S)</p> <p>Cheeseburger (H+S) Celery Sticks Milk Chocolate</p>	<p>**Cereal</p> <p>Spaghetti (H+S) Applesauce Milk 1% White</p>
24	25	26	27	28
<p>**Cereal</p> <p>Pizza Bagel Bites (H+S) Whole Orange Milk 1% White</p>	<p>**Breakfast Burrito (H+S) Apple Juice</p> <p>Salisbury Steak (H+S) Mashed Potatoes & Gravy Steamed Carrots Milk Chocolate</p>	<p>**Cereal</p> <p>Pulled Pork (H+S) Chili Cheese w/Fries Mixed Berry Frozen Cup Milk 1% White</p>	<p>**Chicken Sausage Egg Croissant (H+S)</p> <p>Vanilla Yogurt w/Granola Sliced Peaches Milk Chocolate</p>	<p>**Cereal</p> <p>Beef Teriyaki (H+S) White Rice Steamed Carrots Milk 1% White</p>
31				
<p>**Cereal</p> <p>Smoked Turkey Sandwich Whole Orange Milk 1% White</p>				

Daily Meals Include:

Breakfast: Fruit Juice (Tuesdays)

Lunch: Chocolate Milk (Tuesdays & Thursdays)

We are an Equal Opportunity Provider. This Menu is Subject to Change Without Prior Notice

Rev 8.18.2020