



## Parent Education Programs ~ Schedule of Classes

### January – June, 2010

#### Bellflower Unified School District



**Classes are open only to parents who have children attending one of our district schools –  
with no cost to parents and no pre-registration required.**

Name of Class	Dates and Times	Location	Topics Covered	Instructor
<p><b>Developing Capable People</b></p> <p>This is an open class. You may enroll anytime during the dates indicated, but must complete 10 weeks in order to receive a certificate.</p> <p>(No child care provided.)</p>	<p>Wednesdays Jan. 6 – May 26 6:00 – 8:00 p.m.</p>	<p>Bellflower U.S.D. 16703 S. Clark Ave. Bellflower, 90706 Bldg. A – East Conf. Room (Enter parking lot off of Flower St.)</p>	<p>Discipline issues, Communication, Parenting Styles, Peer Pressure, Anger Control, Relationships, Perceptions, Bullying, Challenges parents and teens face today, Self-Esteem, and the 40 Developmental Assets</p>	<p>Marquitta Infante (562) 866-9011, ext. 3313</p>
<p><b>Let's Talk Parenting...</b></p> <p>Child care is provided. (This class conducted in Spanish)</p>	<p>Tuesdays &amp; Thursdays Feb. 9 – Apr. 22 6:30 – 8:30 p.m.</p>	<p>Ramona Elementary School 9351 E. Laurel St. Bellflower, (Room 2)</p>	<p>Spending Time Together Respect and Responsibility Communication Positive Discipline Listening Nutrition Basic Principles of Parenting Misbehavior</p>	<p>Ana Perez (562) 804-6532</p>
<p><b>The Art of Parenting... a huge challenge!</b></p> <p>Child care is provided. (This class conducted in Spanish)</p>	<p>Thursdays February 25 – June 10</p> <p>Classes offered at two locations for your convenience:</p> <p>Baxter 8:45-10:45 a.m. Washington 6:00-8:00 p.m.</p>	<p>Baxter Elementary School 14929 S. Cerritos Ave. Bellflower, 90706 8:45 – 10:45 a.m. Room 10</p> <p>Washington Elementary 9725 E. Jefferson St. Bellflower, 90706 6:00 – 8:00 p.m. Room 805</p>	<p>Parenting Partners in Action, How to Raise Emotionally Healthy Kids, Effective Strategies of Discipline, Homework and Test Taking Strategies, Setting Goals and Reaching Them, Understanding the School System and the Instructional Programs, Nutrition, Academic Support Resources, Homework Club</p>	<p>Socorro Melgarejo (562) 531-1602</p> <p>(562) 804-6565</p>



All BUSD parent education classes meet School Attendance Review Board (SARB) requirements. A certificate of completion will be awarded to parents who complete a 10-week program series. *The Parent Education Programs schedule may also be viewed at [www.busd.k12.ca.us](http://www.busd.k12.ca.us). Click Adult Education and view under Parenting.* For additional information on any class listed above please contact **Marquitta Infante at (562) 866-9011, ext. 3313.**